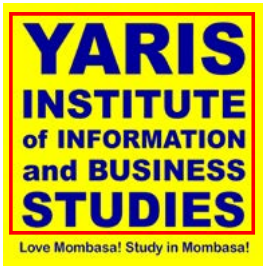




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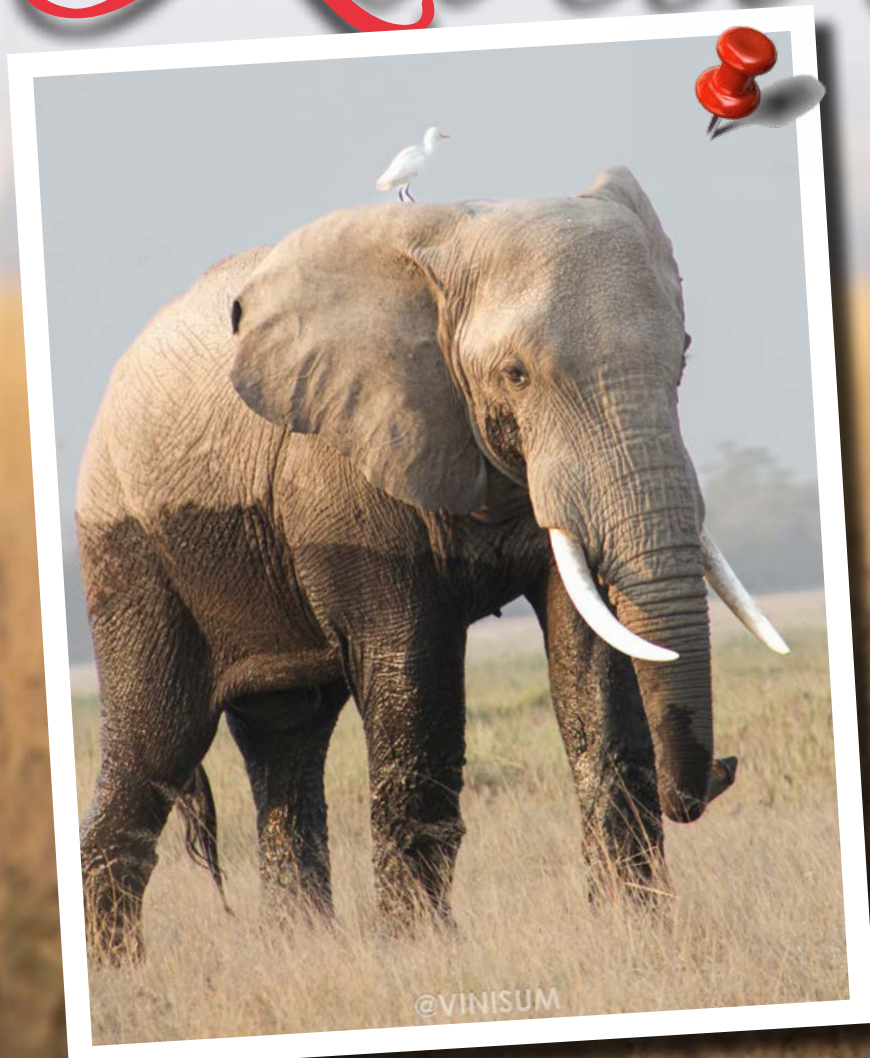
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:: Topics ::

Kenya NRIs -
Taxation & Regulations

Kenya NRIs -
Investments & Insurance

Investment Opportunities for
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- Tuesday

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TOP NEWS

No forced evictions without resettlement plan



The government will not allow forceful evictions without a proper resettlement plan for residents in disputed lands in Nairobi, President William Ruto has said.

The President said there should be proper plans to resettle residents before people are evicted in disputed areas.

Speaking at Njiru Junction in Nairobi on his fifth day working tour of Kasarani, Embakasi West and Makadara constituencies, the President said he was aware of the land dispute pitting some residents and a landowner.

"The government is aware of land disputes in many parts of the country, including Nairobi. As we seek to resolve these challenges, no eviction will be carried out until the affected families are provided with other options," the President said.

He said the National Government and the County Government of Nairobi will work together to address land disputes.

At the same time, President Ruto reiterated his resolve to work with like-minded leaders to unite the country. He urged leaders to work together, avoid divisive tendencies and respect one another.

The President pointed out

that politics of hatred, jealousy and division undermined national unity and harmony among Kenyans.

"Kenya has no room for retrogressive politics. We are one people, one nation, with a common destiny," he said.

He said every community is in Kenya by right and deserves to be served by the government equally and fairly.

"The resources Kenya has can accommodate all of us. We don't want a situation where one community comes in and another leaves the government," President Ruto said.

Enumerating the government's development initiatives for Nairobi County, President Ruto said water shortage that has characterised the city for decades will be a thing of the past.

He explained that the Northern Water Collector Tunnel project in Murang'a has been completed and pipes have been laid to connect water to city estates.

He pointed out that water pipes have now connected Kiambu and Kasarani, Kabete and Embakasi and Lang'ata, among other areas, saying the country's capital will receive an additional water supply of 140 million litres a day.

While in Embakasi West, the President broke ground

for the construction of the Umoja Sewerage System and announced that the project will connect more than 50,000 households to the sewer line in Kariobangi, Maili Saba, Umoja, Saika, Tassia and Tena estates in Nairobi.

"We are also building a 60km sewer line to address the problem of solid waste in the county," he said.

He went on: "We are improving sanitation by providing proper waste management to enhance quality of life and human dignity, especially in urban areas."

On infrastructure, President Ruto pointed out that KSh2 billion has been set aside to improve roads in the city's estates.

Additionally, the President pledged to ensure that more classrooms are built in city public schools, saying many children in Nairobi did not have access to education due to a shortage of the necessary infrastructure.

He said MPs in the 17 constituencies in Nairobi were building at least 30 classrooms each following the government's allocation of KSh1 billion.

"We will ensure that all our children go to school. Through quality education, we can make our country more equal," he said.

President Ruto also undertook to build 40 classrooms for primary and secondary education in Tena Estate. He made the remarks when he inspected the ongoing works at Tena Estate Comprehensive School.

Earlier at Njiru Mixed Day Secondary School, the President also pledged to build 10 more classrooms.

And while launching Jogoo Road Affordable Housing Project Phase 1, President Ruto said the time had come for every Kenyan to have an opportunity to own a decent home.

He said the government targets to build 100,000 affordable houses in Nairobi in an effort to transform slums into estates.

On politics, President Ruto said Kenyans should judge him on what he will have done for Kenya by 2027.

"This is not the time for politics. Elections will be held in 2027, and it is the people of Kenya who will decide who their leaders will be. Let's now work to address the challenges facing the country," he said.

He pledged to work hard with the mandate the people of Kenya gave him in 2022, saying it is still early for anyone to judge his performance.

PHOTO STORY

Bamburi Cement Ramadhani donation



Bamburi Cement Plc Commercial Director and Amsons Group Sales and Marketing Manager Tawaqal Rajab Sumba (third right) hands over part of the 4,000 foodpacks donated by the firm to the Mombasa Muslim Community during the Iftar food drive launch. Bamburi Cement and Amsons Group have stepped in to alleviate the plight of 5,000 vulnerable families with a Ramadhan iftar food distribution initiative in Nairobi and Mombasa.

KDF College visits Kakuzi



Kakuzi Plc Packhouse Manager Ms Monica Nyambura (left) explains the quality features of an export-grade avocado fruit to Kenya Defense Forces (KDF) Joint Command and Staff College (JCSC) Commandant Major General Eric Kinuthia (right) at the Kakuzi Packhouse. The Commandant JCSC Major General Eric Kinuthia recently led a team of participants from Senior Command and Staff No 40 of 2024/25-course visiting Kakuzi. They included Allied Student Officers and Directing Staff from 16 different countries.

Amsons Group confirms Bamburi Cement integration kick-off



Amsons Group Managing Director Mr Edha Nahdi (left) shares a light moment with Bamburi Cement CEO Mr Mohit Kapoor (right) when they announced the integration kickoff. With Bamburi Cement's integration, Amsons Group's total cement manufacturing capacity has grown to 13,000MT/day.



President William Ruto hosted Muslims for Iftar and prayers

President William Ruto hosted Muslims for Iftar (breaking the fast) and prayers at State House Nairobi on Tuesday evening.

The President assured them that the delayed implementation of the law on Muslim endowment funds (Waqf) is being accelerated.

Waqf refers to charitable assets whose incomes are permanently dedicated to religious and charitable purposes, including education, healthcare, and social services.

President Ruto regretted that the process had taken long to be finalised because of “the incompetence on the part of former Attorney-General Justin Muturi”.

He said the former AG had been “fairly incompetent” in handling legal matters on the establishment of a commission which would be in charge of the management of Islamic endowment funds.

But he assured the Muslim community that under current Attorney-General Dorcas Oduor, the long-standing issues would be resolved within months.

“I had a problem with the AG who was there before. He was fairly incompetent. But now I have a very competent lady in the position, and I can

assure you that the issues of Waqf will be sorted out,” he said.

He was responding to the Muslim leaders’ concerns on the delay in putting into operation the Waqf Act, which was enacted by Parliament in 2022.

At the same time, the Head of State took the opportunity to emphasise the need for all religious leaders to spread the word of God with humility.

He said Kenya is a God-fearing nation that has embraced freedom of worship.

“We will keep supporting religious institutions, including mosques and churches, as part of celebrating the freedom of worship in our country,” he said.

He said his administration will continue to play a crucial role in building religious institutions, classrooms, affordable houses, markets and student hostels across the country.

Once again, President Ruto assured Kenyans that no part of the country would be left behind in terms of development, adding that politics of division, hatred and tribalism would not be allowed to take root in Kenya.

The President reaffirmed his administration’s commitment to inclusivity, saying the government accommodates all communities regardless of

background or religion.

“The Government of Kenya is able to carry all of us. Nobody needs to leave for someone else to come in. If anyone ever doubted that, now we have a broad-based government. Everybody is here, and we still have enough space,” he said.

The President also assured the Nubian community of their rightful place in Kenyan society, promising their formal recognition this year.

He further addressed concerns about the integration of religious education in the national curriculum.

The President pointed out that delays in mainstreaming religious education had persisted for too long and vowed to take action.

“We will continue to look at the issues raised here, including how we can find a nexus between religious and formal education. This has taken too long, and there is absolutely no reason for it,” he said.

National Chairman of the Supreme Council of Kenya Muslims (Supkem) Hassan ole Nadoo praised President Ruto for his tireless efforts to unite the country.

“Reaching out to former Prime Minister Raila Odinga was a brilliant move and a show of statesmanship,” he said.

He told Muslims to support



the Social Health Authority, saying the implementation of universal healthcare will transform the lives of all Kenyans irrespective of their social status.

Aldas MP Adan Keynan said the removal of extra vetting in the issuance of IDs was President Ruto’s best gift to the Muslim community.

He said the extra vetting for residents of Northern Kenya was part of the historical injustices meted on the Muslim community since

independence.

“The two years of affirmative action by this government to the marginalised communities has made us feel to be part of this country. We are no longer the minority,” Mr Keynan said.

United Democratic Alliance Secretary-General Hassan Omar said President Ruto’s government was keen on uniting all Kenyans without discrimination.

“For the first time in the history of Kenya, this is undeniably the best

government the Muslim community has ever had,” he said.

Marsabit Governor Mohamud Ali said the Muslim community will continue to support the government in bringing all Kenyans together.

Prime Cabinet Secretary Musalia Mudavadi, National Assembly Speaker Moses Wetang’ula, Environment Cabinet Secretary Aden Duale and several MPs were also present.

Empowering Communities with Lifesaving Skills: Stop the Bleed Training Held at Yaris Institute, Nyali, Mombasa as CDMRV

On Saturday, April 5, 2025, the Yaris Institute in Nyali, Mombasa, hosted an impactful Stop the Bleed training session, bringing together participants from various backgrounds committed to strengthening emergency preparedness in their communities. Facilitated by Paramedic Evans Oduor — a certified Paramedic Educator, an instructor with the American College of Surgeons, and a Stop the Bleed Ambassador — the training focused on equipping attendees with critical life-saving interventions, including bleeding control techniques, proper tourniquet application, and wound

packing. Through hands-on practice with realistic simulation tools and guided instruction, participants gained the confidence and competence to respond effectively in emergencies involving severe bleeding.

The initiative, part of a broader global campaign to empower bystanders as immediate responders, underscores the importance of community-based emergency education in low-resource settings.

It aligns with the vision of reducing preventable deaths by ensuring that more people are prepared to act quickly and decisively before professional help arrives.

Interest in the training exceeded expectations,

prompting organizers to extend registration to accommodate last-minute participants.

The enthusiasm and active engagement observed throughout the session reflect a growing awareness of the value of first response capabilities at the grassroots level.

We continue to champion emergency medical training across Kenya - Africa and beyond, with special focus on underserved regions. For more information or to register for upcoming sessions, contact evans@phcaw.org.uk using #StopTheBleed.



TOP NEWS

Children Upbringing

Child upbringing is critical to shape the future of any Country, Kenya in very urgent and particular need! Structured routines combined with moral and behavioral guidance at an early age provide the foundation for emotionally intelligent, respectful, and responsible individuals. Below is a comprehensive table-based parenting model that incorporates values, manners, safety, behavior, and emotional intelligence through age-appropriate daily and weekly routines. This is best suited for children aged 3 to 8 years, but can be adapted for older children. For you to understand what I mean concisely, Google YouTube Videos of how Japanese and Chinese train their children at an early age...Haiya, here goes below, someni vizuri!



Model Parenting Table: Monthly Moral & Manner Curriculum

Focus Area	What to Teach	How to Teach / Activities	When to Teach
Politeness & Respect	“Please”, “Thank you”, “Excuse me”, Respect for elders	Role-play, story time with polite characters, gratitude jar	Daily during mealtime & interactions
Empathy & Kindness	Understanding feelings, helping others	Emotion cards, caring for pets/plants, helping sibling tidy up	Weekly – Tuesday/Thursday
Table Manners	Using cutlery, not talking with full mouth, asking before taking	Family dinners with table etiquette demos	Daily – Dinnertime
Cleanliness & Hygiene	Handwashing, brushing, organizing toys	Handwashing songs, “clean-up” games after play	Daily – After play/before meals
Safety in Public	Not talking to strangers, staying close to parents, calling for help	Role-play “stranger danger”, teach full name/parent’s contact info	Weekly – Weekend outing prep
How to Express Emotions	“I feel sad because...”, managing anger, joy, fear	Emotion wheel, feelings journal, calm-down corner	Daily – After school check-in
Play Etiquette	Sharing, turn-taking, playing fair	Group playdates, board games, praise for sharing moments	Weekly – Playtime (Sat/Sun)
Gratitude & Humility	Being thankful, avoiding entitlement	Gratitude jar, bedtime thank-you prayers, making thank-you cards	Daily – Bedtime
How to Sit/Behave Publicly	Understanding feelings, helping others	Emotion cards, caring for pets/plants, helping sibling tidy up	Weekly – Tuesday/Thursday
“How to” and “How not to” Speak	Tone, volume, respectful disagreement, no whining	Mirror game, voice level thermometer chart, practice saying “I don’t agree but I understand”	Daily – Conversations & corrections
Self-Discipline	Routine-following, delaying gratification	Morning/evening chore chart, “waiting game” (timed wait for favorite treat)	Daily – Routine times
Curiosity & Honesty	Asking questions respectfully, admitting mistakes	“Question of the day” box, praise for honesty even in mistakes	Weekly – Wednesday & Friday

Sample Monthly Routine (For a 5 to 8 Year Old)

Time	Activity	Goal
6:30 – 7:00 AM	Wake up, make bed, hygiene routine	Self-discipline, responsibility
7:00 – 8:00 AM	Breakfast & chat with family	Manners, family bonding
8:00 – 12:00 PM	School time	Education, routine
12:00 – 1:00 PM	Lunch, table manners focus	Manners, gratitude
1:00 – 3:00 PM	Nap/Quiet reading time	Rest, emotional calm
3:00 – 4:00 PM	Homework/review day	Accountability, reflection
4:00 – 5:00 PM	Playtime with siblings/friends	Social skills, sharing
5:00 – 6:00 PM	Evening walk / public behavior talk	Safety, public conduct
6:00 – 7:00 PM	Dinner + polite conversations	Politeness, gratitude
7:00 – 7:30 PM	Calm-down activity (puzzle/story)	Emotional regulation
7:30 – 8:00 PM	Bedtime routine + gratitude journal	Reflection, gratitude, peace



Weekly Focus Themes (Repeat Each Month)

Week	Theme	Special Activity
Week 1	Kindness Week	“Secret Helper” mission – do kind acts anonymously
Week 2	Safety Week	Practice emergency drills and role-play public behavior
Week 3	Feelings Week	Create a “Feelings Book” to express daily emotions
Week 4	Gratitude Week	Family “thank you” day – each member shares appreciation



AWARDS

IIFA Celebrates 25 Years with Jaipur Festivities

The International Indian Film Academy (IIFA) hosted an International Women's Day event in Jaipur, Rajasthan, to commemorate 25 years of cinematic excellence and global unity on 7th March. The event - which kicked off the IIFA weekend - featured Madhuri Dixit, a Bollywood icon, and Guneet Monga, an Academy Award-winning producer. Dixit shared insights from her 39-year career, reflecting on the evolution of women in Bollywood and the rise of powerful female-led narratives. Monga shared her journey behind the camera, the challenges she faced, and how her Oscar win reshaped global perceptions of Indian cinema and women in leadership. The event celebrated the achievements of these trailblazers and inspired the next generation of women in the entertainment industry to push boundaries and redefine their roles.

The IIFA Press Conference



on 8th March announced the IIFA Green Challenge, a collaboration with Challenge for Green (CFG) and Rajasthan's Forest & Environment Ministry. A tree will be planted for every attendee, with the #IIFA25 Garden honoring past winners

and reinforcing IIFA's legacy of environmental conservation and empowerment. IIFA has made the IIFA Awards Jaipur 2025 a carbon neutral event, reducing direct and indirect emissions through eco-friendly materials and responsible waste recycling.

The awards also facilitated the recycling of 25 End of Life Vehicles through ELV Credits and supported sustainability efforts towards circularity.

The IIFA Digital Awards, celebrated on the evening of 8th March, brought together stars, creators, and industry

leaders to applaud the finest achievements in digital storytelling. The event ignited an electrifying atmosphere, with top talents waiting for prestigious honors across multiple categories, including Best Film, Best Performance in a Leading Role (Male & Female), Best Performance in a Supporting Role (Male & Female), Best Director, Best Original Story, Best Series, Best Reality or Non-Scripted Series, Best Docuseries/DocuFilm, and Best Title Track.

The Digital Awards Night also celebrated the golden legacy of the legendary Raj Mandir Cinema on its 50th anniversary in Jaipur with 'IIFA Special Honour'. Raj Mandir has long been a revered landmark in Indian film history, making it the perfect venue to honour this milestone.

The IIFA Awards on 9th March were hosted by Kara Johar and Kartik Aaryan, and featured performances from Bollywood icons such as Shah Rukh Khan, Shahid Kapoor,

Madhuri Dixit, Kareena Kapoor Khan, and Kriti Sanon.

The awards night was a testament to the power of storytelling, talent, and cinematic excellence, leaving an everlasting impact on audiences worldwide. The winners proudly lifted their prestigious IIFA Trophies, leaving an everlasting impact on audiences worldwide.

IIFA Special Honours were also awarded, with Prabha Ranta receiving Best Debut Female (Film) for her outstanding performance in Laapataa Ladies, and Lakshya Lalwani receiving Best Debut Male (Film) for his role in Kill. Kunal Khemu received the Best Directorial Debut (Film) award for his impressive directorial venture, Madgaon Express. The legendary filmmaker Rakesh Roshan was felicitated with the prestigious Outstanding Achievement in Indian Cinema award, celebrating his unparalleled legacy and contributions to the industry.

SBM BANK Mark International Women's Day 2025



SBM Bank Kenya Board Chair Shakilla Jhungeer (left) presents a token of appreciation to one of the panellists Phylis Migwi, Country General Manager, Microsoft during the bank's luncheon to celebrate the International Women's Day at Capital Club in Nairobi on Friday March 7th 2025. This year's theme was: "Accelerate Action." This campaign theme emphasises the urgent need to take decisive steps toward achieving gender equality, addressing the slow pace of progress, and empowering women and girls worldwide.



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MEN

Embrace your man

By SAFIA MOHAMED BASHIR

The Y chromosome in the cell which determines the gender to be a male. "Congratulations, you are parents of a bouncing baby boy!"

What a joy these words bring. It's like an accomplishment, an achievement and an answered prayer.

Yes the apple of their mother's eye, most beloved. It's said there's no bond strong enough like that of a mother and her son.

However, these men are misinterpreted. Imagine having to balance between a mother who birthed him to this world and a wife.. ? How illogic is this choice.. and why should he be put in such a situation to choose either?

Men have many responsibilities, be in-charge of the family, parents, siblings, wife & kids, work or business related. They surely need to balance; emotionally, financially and amongst their relationships.

On the other hand, women are more gifted; they can multitask, they have more

perseverance and patience compared to men. That's the reason women are blessed to endure labour pains and earn the respect of a mother. That is the reason they were chosen to leave behind their family, marry into a different household and earn the respect of a wife, daughter in law, sister in law. Men surely cannot handle such pain. Most men cannot multitask, they may not have the patience nor the gentleness and softness which women posses. Therefore, do not compare your partners to you, men generally think and are wired to function differently.

Most men cannot easily express their feelings. Women on the other hand will complain, rant and cry, whether be it a major issue or a minor. Crying is a healthy way to process emotions, releases the hormone oxytocin and endorphins thus, bringing a calming and well being effect. Ladies cry it out and feel better.

Men, considered to be the stronger gender, more dominant and more authoritative do not easily speak out their feelings openly leave alone crying it out. Hence

most of the time these feelings and thoughts are suppressed. Occasionally when nagged or disregarded; they come out in form of anger - shouting out, alternatively silence. Both of these are harmful for the relationship and to himself.

Wife's out there (and wife's to-be; an enlightenment), you are the one person to learn and handle your husband in the best way possible; for a happy healthy relationship and family, you have to be the comfort, peace and solace of your husband. Let him confide in you about every issue - good or bad, listen to him without judging.

Let it be you he looks for once he is home, let him miss you the moment he reaches work, you should be the one he longs for. Dress up for him, let him find you to be the most attractive lady in this world.

Make sure he is well taken care of. Feed him the best foods, implement the saying - the stomach is an easy way to a man's heart; get to his heart. Create the intimacy amongst you; be there when he needs you. Let him be your first priority; respect him and earn

respect in return. Appreciate him, support him; that's the reason you were ordained this status of his wife. If not you then who??

It is you who can change the environment of your home into heaven or hell. Make it sweet and enjoyable. It's you who can bring the family together or break it apart. Be the pillar, be the bond, keep the family together. Do not be a reason for him to choose amongst his loved ones..

You got to understand him as he is; not expect him to be what you want. Instead assist him out into areas where he can improve. Do not put him into difficult situations, his sadness will in turn become your sorrow. Allow him to be a human, give him his space, do not argue nor nag. If you win his true love, be rest assured he will love you with all his heart. With your gentleness transform him from just a hu-man into a gentleman!!



Over 700 Mara residents get free oral health care in KDA Camp

Over 700 individuals from communities around the Mara benefited from a free dental outreach organized by Mars Wrigley and the Kenya Dental Association (KDA) at the Ol Malaika Trust , as part of the World Oral Health Day (WOHD) celebrations.

World Oral Health Day is observed every year on March 20, when a year-long campaign is launched to raise globalawareness of the issues around oral health and the importance of oral hygiene.

The Ol Malaika Trust operates a dental clinic that offers free services to nearby communities through volunteer healthcare professionals. This year, their partnership with Mars Wrigley and the KDA sought to highlight the importance of accessible dental care and aimed to reduce the growing burden of oral diseases in rural communities, where surveys have shown alarming rates of dental issues, including high prevalence of infant oral mutilation (IOM), dental caries, gum disease,



Dr. Tim Theuri, President of the Kenya Dental Association, (center) demonstrates proper dental hygiene using a mouth model to Mars Wrigley General Manager for Sub-Saharan Africa Mr. Ismael Bello (Right) and Nairobi Factory Director Mustafa Bin Kamaludin. This event, hosted at St. Patrick's Secondary School in Makadara, Nairobi saw over 1,500 Students and local residents participate in educational sessions on oral health, received free dental check-ups, and underwent screenings for oral diseases.

and oral cancers. One study on oral health-related quality of life among adolescents in the Mara region found that 61% had experienced

IOM, a painful traditional dental practice performed on children under 24 months. During IOM, developing primary canines are gouged

out in the belief that it can prevent or cure childhood illnesses.

Such are the communal challenges that the clinic

sought to address, with attendees received essential services such as free dental check-ups, emergency treatments, and screenings for oral diseases. In addition to these critical services, the outreach also provided vital oral health tools, including toothbrushes, toothpaste, dental floss, sugar-free gum, and mouthwash. Brushing calendars for children and educational posters were distributed to promote good oral health practices throughout the community.

Mars Wrigley's sugar-free gum featured as an important tool for enhancing oral health. Further studies suggest that chewing sugar-free gum for 20 minutes after meals and snacks can protect teeth.

The teams further collaborated with mental health professionals to raise awareness about the connection between oral health and mental well-being, under the theme 'A Happy Mouth is a Happy Mind'. This activity focussed on the psychological impact of poor oral health and the mental clarity benefits of maintaining good oral hygiene.

Mars Wrigley's Corporate Affairs Manager-Sub Saharan Africa, Victoria Macharia emphasized the significance of this initiative, stating, "We are committed to supporting oral health in Kenya, and this clinic was a perfect example of how we can make a difference in local communities. We are glad to have helped enhance the smiles of the people of Mara."

Dr. Douglas Oramis, KDA's Secretary General, added: "We are proud to provide critical services that both addresspeople's immediate needs and raise awareness about the importance of maintaining oral health for a brighter future.We are happy to be part of this World Oral Health Event that emphasizes the importance of oral health to mental health."

The timing of the camp was crucial as it brought much-needed dental services closer to the populations that would otherwise lack access. Through initiatives like this, Mars Wrigley and the Kenya Dentists Association help bridge the gap and reduce the burden of dental diseases in the region.

Society

The ‘Universe 25’ experiment is one of the most disturbing studies in the history of science, carried out by American scientist John Calhoun between 1958 and 1962. Calhoun designed an ideal environment for rats, called “Mouse Paradise”, with abundant food, water and space, in order to study the social dynamics of a growing population. Initially, the colony prospered, but after 317 days, population growth began to stagnate. Upon reaching 600 mice, serious social problems arose: hierarchies were established, the strongest individuals began to attack others, and aggressive and maladaptive behaviors emerged, such as violence between females and a lack of reproductive interest in males. As passive, non-reproductive (beautiful mice) males dominated, the birth rate plummeted, juvenile mortality reached 100%, and the colony collapsed into cannibalism and homosexuality.

The experiment was repeated 25 times, each time with similar results, and has



been used to model the study of social collapse and urban

sociology.

PHOTO STORY

International Women’s Day



L-R Deputy Governor Taita Taveta County Christine Kilalo, Okoa Malaika Brand Ambassador Njoki Mambo and Chair, Ushiriki Wema Madam Tessie Musalia during the handover of State of Art NeoNatal Incubators for Taita Taveta and Kwale Counties at Moi County referral hospital in Voi to mark this year’s International women’s day. So far, 22 counties have benefited from the program distributing to more than 25 hospitals countrywide.

PHOTO STORY

Tessie Musalia
Voi constituency
Ramadhani Donation



Ushiriki Wema Chairperson Tessie Musalia (wearing head scarf) accompanied by Taita Taveta CECM Lands Christine Zighe (green dress) distribute a donation of assorted Ramadhan Iftar food packs, baby packs and blankets to Muslim families and the elderly of Kariakor village in Mbololo ward in Voi constituency in the spirit of sharing with the needy families during this Holy month of Ramadan. Madam Tessie appealed to both Muslim and non Muslims to support the less less privileged Muslim faithful and make their holy month a success.

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ECONOMIC ZONE

KES 2.5B Warehousing Boost Adds 1,000 Jobs in Tatu City

Phase one of The Link is fully tenanted – second phase gets underway

Tatu City, Kenya's leading Special Economic Zone, launched The Link Warehousing & Logistics Park and broke ground for its highly anticipated second phase. With an investment of KES 2.5 billion, The Link has already created over 1,000 jobs, reinforcing its role as a catalyst for economic growth and cornerstone of support for small and medium enterprises.

Among the businesses at The Link are Bakels East Africa, a Swiss-based global specialist in baking ingredients and solutions, and Novis PLC, a family-owned pasta production company. Other companies include beverage distributors and an electronics assembly and supply company. The first phase of The Link is sold out, and the second phase, which will be completed at the end of 2025, already has a waiting list.

"The Link demonstrates the power of mixed-use Special Economic Zones to attract global and local investors while enhancing operational efficiency," said Preston Mendenhall, Group COO, Rendeavour, the owner and developer of Tatu City SEZ.

John Mwendwa, CEO of the Kenya Investment Authority, commented that The Link is key to the government's strategy toward attracting and retaining investments in the country.



L-R Eric Muraguri, GM, Bakels East Africa, a business at The Link, Kenneth Chelule, CEO, Special Economic Zones Authority, John Mwendwa, CEO of Kenya Investment Authority and Preston Mendenhall, Group COO, Rendeavour and Country Head during the official launch of Phase 1 of The Link Warehousing and Logistics Park and groundbreaking of phase 2 in Tatu City SEZ.

"A business ecosystem, such as The Link, and what Tatu City has been able to achieve in attracting over 100 companies, are part of our country being competitive," Mwendwa said. "As the Kenya Investment Authority, we are the agency responsible for the country's investment agenda. Whether in a Special Economic Zone or an Export Processing Zone, it is our business to make Kenya

comfortable for investors."

On an area of 12 acres, The Link Warehousing & Logistics Park provides flexible, high-quality warehousing solutions and amenities from 850 sqm to 10,000 sqm. In The Link's second phase, the development will more than double its capacity to 25,000 sqm. Investors snapped up the first phase, attracted to integrated office and ablution

facilities, advanced logistics infrastructure with wide internal roads for seamless transportation, 24/7 power and water, comprehensive fire safety and energy-efficient lighting.

Companies setting up at The Link Warehousing & Logistics Park can benefit from the incentives of Tatu City's Special Economic Zone, including 10% corporate tax for



L-R John Mwendwa, CEO of Kenya Investment Authority, Preston Mendenhall, Group COO, Rendeavour and Country Head, Tatu City and Kenneth Chelule, CEO, Special Economic Zones Authority during the official launch of Phase 1 of The Link Warehousing and Logistics Park and groundbreaking of phase 2 in Tatu City SEZ.

the first 10 years, then 15% for the next 10 years, compared to the standard 30%. Businesses also enjoy VAT zero-rating on goods and services and exemptions on import duty and stamp duty.

More than 25,000 people live, work, and study in Tatu City. More than 100 businesses

are operational or under development, including Heineken, Naivas, Dormans, Kärcher, Cooper K-Brands, Grit Real Estate Income Group, Hewatele, Freight Forwarders Solutions, Roast by Carnivore, CCI Global, ADVTECH, Friendship Group, and Davis & Shirtliff.



MADAFU NEWSPAPER KENYA VALUED OUTLETS:

NAIROBI:
Parklands and Westlands:
Anga Cinema (Diamond Plaza 2)
Ashapura Sweet Mart (Kirima Shopping, 5th Parklands)
Bajrang (Sky Mall)
Bhagwanji Sweet & Farsan (3rd Parklands Kusi Lane)
Kumar Brothers (Diamond Plaza)
Microcity (Sarit Centre)
Onn The Way Supermarket (all branches)
Sona Shoppe (Wesgate Shopping Mall)
Taste of China (3rd Parklands)

INDUSTRIAL AREA:
Bunny Industries Limited (Dakar Road)

LANGATA:
Sona Shoppe (Galleria Shopping Mall)

KAREN:
Sona Shoppe (Karen Crossroads)

NAKURU:
Hyrax General Supplies (Biashara Avenue)
Rani Ramchandani
Rift Agencies Insurance Ltd c/o Purvi

KITALE:
Milli Hardware Ltd Main Road

ELDORET:
Kenya Jalaram Co Ltd – opp CBK

VOI:
Abbas Aluminum Supplies

MOMBASA:
Blue Room Restaurants
Nyalil Cinemax
Nyalil Centre – DKL
Umoja Rubber Shoes Shops

Nyalil – Chandarana Supermarket
Quickmart Bandari Supermarket
Naivas Likoni Mall Supermarket
Yaris Institute – Haile Selassie Avenue
Mombasa Afrigas – Nyerere Avenue
Hakimi Stationaries – Moi Avenue
AudioAsh Coolers – opp Sapphire Hotel
Various Hospitals & News Vendors
Hand Delivery via Newspaper Vendors

KISUMU:
Western Emporium

DIANI:
Palm Beach Hospital
Aasan Solutions Auditors
Moiz Supermarket
Various Restaurants & Hotels
Chandarana Supermarket

MALINDI:
Uzima Training Centre – CBD
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SALES, MARKETING & OPERATIONS
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SUSTAINABLE CHANGE

A.I. consolidates a world of excess!



*“Oh Lord, won’t you buy me a Mercedes Benz?
My friends all drive Porsches, I must make amends!”*

The throaty tones of Janice Joplin rang out loud and clear, lamenting her plight in the materialistic world of ‘60s America. Joplin died in a sea of drugs and alcohol, soon after recording the Mercedes prayer for posterity. In truth, the song was a wild cry for help, against the excesses of those times.

Scroll forward fifty plus years, and Joplin’s lament seems almost child-like, considering our world of today. Her singular death would have no effect on what was to come.

For many years I’ve been a fan of the German environment guru E.F. Schumacher, renowned for his famous quotation, ‘Small is Beautiful’. In keeping with that philosophy, I have a small house and no car. I try to do my bit - to limit my environmental footprint - but like Joplin, I feel I’m up against a tsunami: a mountainous wave of greed and excess, ridden by a privileged few, to obliterate the impoverished many ... and our planet!

Recently I visited the home of an acquaintance; a retired doctor from Europe. At first sight I was astonished! His house was towards the other end of the spectrum from mine: a two-storied apartment with five bedrooms and five bathrooms, along with a plethora of living areas, inside and out.



There were three large pools and a multitude of staff to wait on his every need.

My first thought was: ‘why on Earth do you need all this space ... this wild abundance of rooms to live in?’ Secretly I mused, that perhaps he sleeps in a new bedroom each night of the week, utilising the many different toilets and bidets, just to add spice to his life! I’m slightly ashamed to invite the guy back to my humble two-roomed affair, but I shouldn’t be really; it would make the point that the rich need to limit their most outlandish desires, so those not so fortunate can enjoy a slightly bigger slice of the cake ...and also, of course, to help preserve the planet we all share.

My little tale is a tiny example of the stratification of our present-day society. I sit in the very crowded middle of an enormous triangle, with Musk, Bezos, and their ilk, hovering near the pinnacle, along with a myriad of Russian oligarchs, corporate CEOs, and African politicians, etc., etc.: the 1% of the eight billion below them! This obscenely wealthy few, surf a towering tsunami on to the beaches of the poor and middle classes. And those jam-packed beaches stretch to the horizon!

Of course, we’ve come to expect autocratic societies to inhabit this sort of graphic, where the Putins and Xis muscle their way to the top, to subjugate their millions of minions below.

But it seems that based on a flawed capitalistic philosophy, our much-vaunted democracies are creating a similar scenario: untold riches and power for a few in the limelight; poverty for the billions beneath! Is this what our market-driven economy is all about; our unending search for monetary growth; our capitalist model? If so, then it needs a very serious re-think.

If we go back to Bretton Woods, establishment of the UN, and beginnings of a European alliance soon after, we can assume those leaders - who pushed for a New World Order, based on democracy and equality - did not have anything like today’s divided and stratified world in mind.

Now, with capitalism supporting an increasingly unequal populace, the UN becoming largely ineffective against the might of some single nations, and The Far Right rearing its head, both in Europe and across the global stage, those horrific memories from the 1940s, which some people are still alive to remember, are beginning to re-surface.

It’s also plain to see that the enormous technological advances made over recent decades, now drive the exponential forces of 21st Century inequality.

The digital revolution began as a platform for parity, exemplified by creation of the World Wide Web in the 1990s; but now seems to be doing the opposite, supporting an

ever-increasing gulf, at both inter and intra nation levels. To extrapolate from this, it now seems feasible that our technological barons of today could be the hidden rulers of tomorrow; that in a very much revised world order, the likes of Musk and Zuckerberg could govern us from the backdrops, with their all-consuming digital power driven by fake news and false information, underwritten to a large extent by A.I. technology.

The frightening end-result looms of a transformed world, governed by lies and dishonesty; something completely different to the relative truth and morality that prevailed after World War Two.

The purveyors of Artificial Intelligence of course tend to focus on the positives - and there are many - the advance in medical science driven by A.I., for example, offer huge benefits.

But the downside of the ledger is one which gives power to the wealthy few, and could ultimately take power away from humans altogether - in favour of machines - potentially, an even scarier final solution!

There’s no doubting the abilities and foresight of those individuals at the forefront of the technical revolution: Bill Gates, Steve Jobs, Mark Zuckerberg, and the Google twins, along with many others. But it’s as if they’ve released a monster, and now that all-pervading ogre is intent on enabling many others to seriously disrupt our long-established ways of living; a octopus-like King Kong, intent on pulling our structures down and terrorising society. And perhaps the worst of all that disruption, is that this digital era has fostered a greater partition within the human sphere, that makes us more divided than ever.

Thus, in many ways this Artificial Intelligence, this end-product of the technical revolution, can be viewed as a substantially invisible, but extraordinary formidable force, which underpins and consolidates our world of growing excess.

Duncan Gregory
www.whittlingourniche.com

RENOVATIONS

Kenyan Parents: Free Online Tools May Hack Your Devices



By Hamza Alarakia

Jambo everyone! I hope you are doing well. The plan was to look at Cashless Transactions but a recent call from a concerned parent changed that. Their home computer had suddenly locked up with icons replaced by gibberish and files demanding payment to be accessed.

The culprit? Ransomware – a type of malware that encrypts files and demands a ransom to unlock them. You can research more on this during your own free time.

Upon investigation, their 8-year-old child admitted to using a free online file conversion website for schoolwork. That simple act exposed their entire household to cyber threats.

The issue was resolved but it was a moment of realization for the parent and a wake-up call for all of us.

It is assumed that cybersecurity threats only affect businesses or tech-savvy adults, but in reality, even young children can unknowingly expose their devices, personal data and even bank accounts to hackers.

Students frequently need to convert PDFs, images or documents for assignments. Cybercriminals exploit this by embedding malware in free online tools.

The moment a file is uploaded or downloaded, hidden malware can:

- Steal passwords and personal information making mobile banking and social media accounts vulnerable.
 - Track keystrokes allowing hackers to see everything typed, including school logins and email passwords.
 - Install ransomware locking the entire system until money is paid, just like what happened in this case.
 - Turn the device into bots using them for cybercrime without the owner's knowledge.
- This is not just a problem



for high school or university students. Even young children, like the 8-year-old in this story, can unknowingly put their entire household at risk.

The above incident should serve as a lesson to all parents, school heads and guardians. As Kenya's digital space grows, we must actively protect children from cyber threats.

Here is what you need to do:

1. Supervise internet use - set up parental controls on home computers, tablets and smartphones. Schools should restrict access to harmful websites.
2. Educate children on safe browsing - teach kids to verify websites (look for "https" in URLs) and ask before downloading anything.
3. Use trusted software for file conversions - instead of random free tools, opt for:
 - Google Docs/ Microsoft Word (Windows) & Pages (macOS) – Allows most word document format changes safely.
 - Adobe Acrobat (Windows) & Preview (macOS) – A trusted PDF tool.
 - Microsoft Paint (Windows) & Preview (macOS) – A trusted in-built image conversion tool.
4. Install antivirus software - ensure that your child's device has updated security software to block harmful downloads.
5. Keep browsers and systems updated - hackers target outdated systems. Keep browsers, operating system and applications updated.
6. Beware of "Too Good to Be True" offers – cybercriminals attract victims with free offers that sound too good to be true. If a site claims to convert files quickly

without any sign-up or cost, be suspicious. When in doubt, don't click.

7. Avoid pirated software – they are a hacker's dream. Have you noticed slow performance after installing pirated programs? That's malware working in the background, stealing your data.

A Message to Students: Be Smart, Stay Safe!

To all students, whether in primary, high school or university, you live in a digital world full of opportunities and risks. You may think, "It's just a file conversion site; what's the worst that could happen?" But as we have seen, the wrong click can cause serious damage.

Think Before You Click! If you are unsure about a website, ask a parent, teacher, or older sibling. Use safe options instead of random free tools. Your online safety is just as important as your schoolwork. A little caution today can prevent major trouble tomorrow.

TeChy's Tidbit: This parent never thought their child's schoolwork could trigger a cyberattack, but today, even the simplest online activity can have serious consequences. Look, once you are online your data is constantly being collected – sometimes for good, sometimes for harm. The good news? You have the power to protect yourself. So dear readers, stay safe, smart and always think before you click!

PARENTS & GUARDIANS: Have a conversation with your children today about online safety.

SCHOOL HEADS: Include basic cybersecurity in digital

literacy programs by keeping it simple and age-appropriate.

READERS: While online

resources provide vast amounts of information,




libraries often house hard copies that contain unique insights, historical records and well-researched content that may not be readily available online. If possible, incorporating library research alongside digital sources can lead to a more comprehensive understanding of a subject.

My client asked me to raise awareness as these cases have been rising recently thus this article.

So, be safe online, enroll for such classes, if available near you (or online), and as always KEEP READING MADAFU!

Got any thoughts? Questions? Consultations? Hit me up at techamza@gmail.com!

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Celebrate this Eid al-Fitr with joy and love by exploring our budget-friendly gift hampers and delightful gift vouchers at Chandarana Supermarkets! Surprise your loved ones with thoughtful gifts that bring happiness without breaking the bank. From festive treats to heartfelt vouchers, we have something special for everyone. Make this Eid unforgettable with perfect gifts from Chandarana Foodplus, where happiness and savings come together!
Join us in our Ramadan donation drive! We invite our wonderful community to contribute generously by donating your bonus points to charity. For inquiries, please visit our customer care desks or check at the tills. Together, we can make a difference! Eid-Al-Fitr Mubarak from Chandarana Foodplus – More than just food.

Empowering Communities with Lifesaving Skills

Stop the Bleed Training Held at Yaris Institute, Nyali, Mombasa as CDMRV

On Saturday, April 5, 2025, the Yaris Institute in Nyali, Mombasa, hosted an impactful Stop the Bleed training session, bringing together participants from various backgrounds committed to strengthening emergency preparedness in their communities. Facilitated by Paramedic Evans Oduor — a certified Paramedic Educator, an instructor with the American College of Surgeons, and a Stop the Bleed Ambassador — the training focused on equipping attendees with critical life-saving interventions, including bleeding control techniques, proper tourniquet application, and wound packing. Through hands-on practice with realistic simulation tools and guided instruction, participants gained the confidence and competence to respond effectively in emergencies involving severe bleeding. The initiative, part of a

broader global campaign to empower bystanders as immediate responders, underscores the importance of community-based emergency education in low-resource settings. It aligns with the vision of reducing preventable deaths by ensuring that more people are prepared to act quickly and decisively before professional help arrives. Interest in the training exceeded expectations, prompting organizers to extend registration to accommodate last-minute participants. The enthusiasm and active engagement observed throughout the session reflect a growing awareness of the value of first response capabilities at the grassroots level. We continue to champion emergency medical training across Kenya - Africa and beyond, with special focus on underserved regions. Mr. Evans Trainer. #StopTheBleed #cdmrv



DONATIONS

Donations by Mombasa Womens Association



- In 2025 we have so far donated to:
- 1- A cheque presentation to Shanzu Transistional workshop for disabled girls.
 - 2- Alms Home for old people were presented hampers containing miscellaneous items.
 - 3- Child Welfare Society children were given various food items
 - 4- Mombasa Children's home was treated with a Pizza and Chips lunch.
 - 5- Cheque presentation to Little Sisters of the Poor.
 - 6- Cheque presentation to MTTI college students.



Ration packs distribution Maralal County

Premchandbhai Foundation Giants Group Twiga Vanik Vaishnav Mahajan



Date 18/3/25 to 19/3/25
Area Maralal County
900 ration packs
Area distributed
1. Loosuk. Provided food at Senior Chiefs Camp to 140 displaced persons with their community security rangers working under the command of local police station commander
2. Lesidai Area. Provided food stuff at Community Resource Centre to 100 displaced persons with Rangers working under OCS of Loosuk
3. Lesuaa Village IDP Camp. Distributed food to 180 displaced women and children whose children were recruited recently for security training of the government.
4. Lolmolok Village. Distributed food stuff to 280 displaced persons at the IDP Camp
5. Rangers Training Camp. Distributed food stuff to 200 Community Rangers on training and surrounding displaced persons from Loongewan who came to seek refuge in the Camp
This area where we distributed for the last three weeks has been raided by Local tribes fighting for cattle and land and has much security issues
the local community Appreciated and gave blessings to Premchandbhai Foundation Giants Twiga and Vanik Vaishnav
Thanks to Priya Parekh from UK for coming
Thanks to Dr Mark Leleruk for arranging the security and logistics and also helping in the distribution
Journey of Service Continues
Next stop Marasbit

UNEMPLOYMENT

Youth Unemployment

1.6 Million Youth Are Unemployed In Kenya



Working Age Population

The working age population consists of those who are employed, the unemployed and those who are not in the labour force. Those not in the labour force are those not available for work and include full-time students, incapacitated, retired and those who did not need to work due to unspecified reasons. This population is not in the labour market as it niether employed nor unemployed.

Kenya has a working age population (15-64 years) of 31.1 million, 10.8 million in urban areas (35 percent) and 20.3 million (65 percent) in rural areas. The female working age population is 15.6 million while the males are 15.5 million.

The youth (15-34 years) working age population is 19.5 million, 6.8 million (35 percent) in urban areas and 12.7 million (65 percent) in rural areas. The female youth working age population is 9.8 million while the male is 9.7 million.

The youth represent sixty-three percent of the country's working age population, 35 percent located in urban areas while 65 percent are in rural areas.

Employed

Kenya has an employed population of 19.1 million representing 61 percent of the country's working age population, 6.5 million (34 percent) in urban areas and 12.6 million (66 percent) in rural

areas.. The female employed population is 8.6 million (45 percent) while the male is 10.5 million (55 percent).

The youth employed population is 9.4 million, 3.3 million (35 percent) in urban areas and 6.1 million (65 percent) in rural areas. The female youth employed popaultion is 4.1 million (43.6 Percent) while the male is 5.3 million (56.4 percent).

There are more males than females employed across all age groups. There is a youth employed gender gap of 1.2 million male employed which is 12.7 percent of the total employed population.

Unemployment

There unemployed working age population in Kenya is 1.9 million, 0.97 million (51 percent) are in rural areas while 0.93 million (49 percent) are in urban areas. The female unemployed population is 1.1 million (58 percent) while the male unemployed population is 0.8 million (42 percent).

The youth (15-34 years) constitute the largest share of the unemployed at 84 percent (1.57 million), 0.91 million (58 percent) are female while 0.66 million (42 percent) are male. The rural youth unemployed population is 0.8 million (51 percent) while the urban unemployed population is 0.77 million (49 percent).

There are more females than males who are unemployed across all age groups. The biggest unemployed gender gaps are between the youth

age groups of 20-24 years.

Unemployment Rates

The highest unemployment rate 22.4 percent is in the youth age group 20 – 24 years followed by the 15 -19 years at 15.2 percent and 25-29 years at 14.7 percent. Among the youth the 30-34 age group has the lowest unemployment rates at 7.4 percent. The lowest 1.4 percent is in the 60-64 years.

Urban – rural unemployment rates

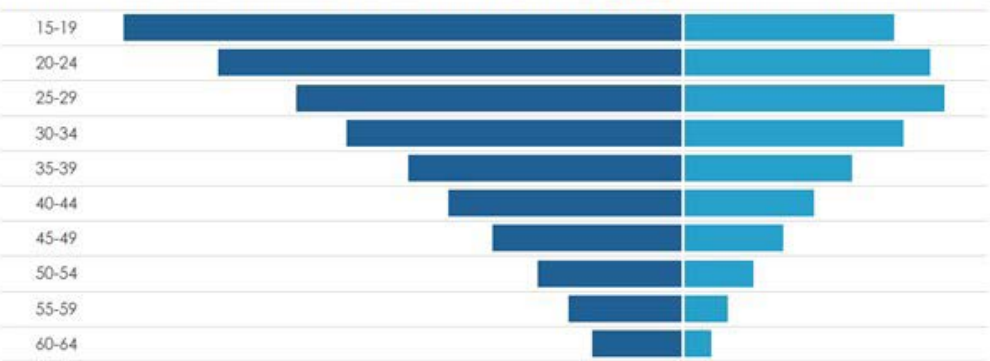
There is a higher unemployment rates in urban than rural areas especially among the youth aged 15-34 years. In urban areas the 15-19 age group has the highest unemployment rate at 36.4 percent while in rural areas the 20-24 age group has the highest unemployment rates at 18.1 percent.

The lowest unemployment rates in urban areas are among those aged 40-44 years while the lowest unemployment rates in rural areas are among those aged 60-64 years at 0.7 percent. The age group with evenly matched unemployment rates in urban and rural areas is the 40-44 years which has 3.3 percent in urban areas and 3.5 percent in rural areas.

There are higher rural to urban unemployment gaps across all age groups except the 40-44 age group which has the smallest gap with rural unemployment rates higher than urban rates. The rural to urban unemployment rates

Working Age Population: Rural vs Urban

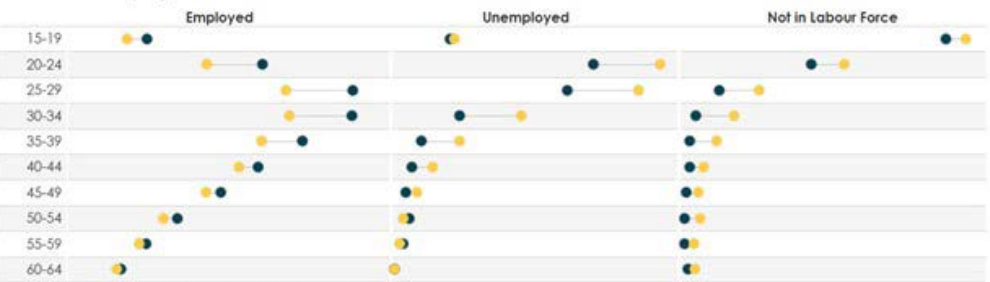
There is a higher working age population in rural than urban areas across all age groups



Data source: Kenya National Bureau of Statistics | Created by: Stephen Muraguri

Kenya's Working Age Population Gender Gaps

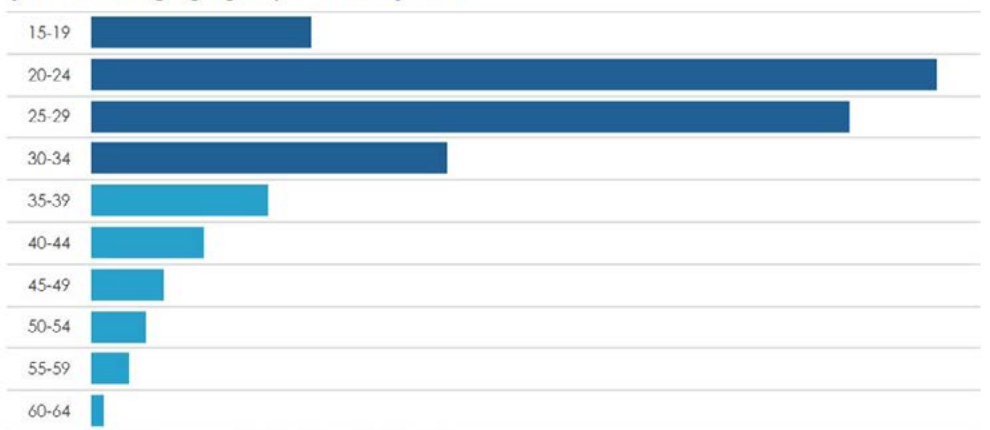
There are more males than females employed in Kenya. There is a higher number of females than males who are unemployed and not in the labour force



Data source: Kenya National Bureau of Statistics | Created by: Stephen Muraguri

Youth Unemployment

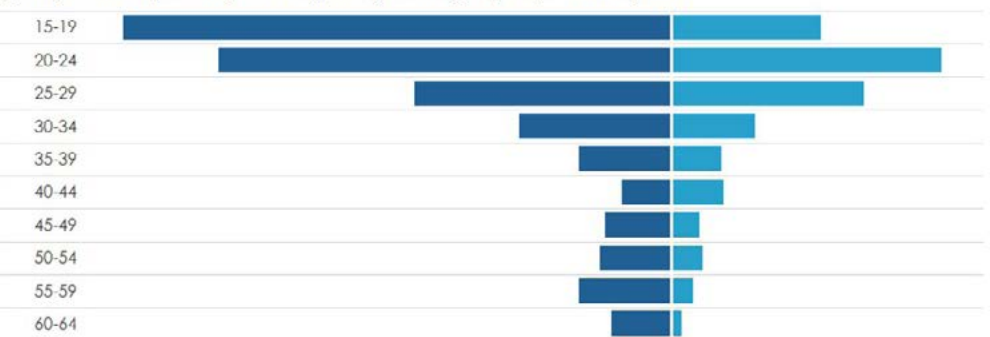
There are 1.9 million unemployed in Kenya, 84 percent (1.6 million) are in the youth working age group of 15-34 years.



Data source: Kenya National Bureau of Statistics | Created by: Stephen Muraguri

Unemployment Rates: Urban vs Rural

There are higher unemployment rates in urban than in rural areas across all age groups but especially among the youth age group 15-34 years



Data source: Kenya National Bureau of Statistics | Created by: Stephen Muraguri

are highest among urban than rural youth. The widest rural to urban unemployment rate gaps

Female – male unemployment rates

There is a higher female unemployment rate across all

age groups apart from 50 – 59 which has higher male than female unemployment rates. The youth (15-34 years) have a higher unemployment rate than older age groups.

The highest unemployment rates for both male and female are in the 20-24 age group

while the lowest are in the 60-64 age group.

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Poverty & Politics in Kenya

A Vicious Cycle and the Path to Better Governance!



By Mr. Rishi Arun Parikh

In Kenya, poverty and politics are deeply intertwined, creating a cycle that often leads to the election of leaders who fail to deliver good governance. Economic hardship makes many voters vulnerable to manipulation, especially through short-term incentives like handouts, tribal loyalty, and populist promises that rarely materialize. Politicians (not Leaders) use this age old sweet venom to lure their way into power and make sure to claim back all the money 100 fold back in the 5 years they get to do the do!

The Poverty Trap in Electoral Politics

For many Kenyans living below the poverty line, elections are not about long-term national development but immediate survival. Politicians exploit this by offering small tokens such as cash, food, or promises of personal assistance in exchange for votes. For example, during the

2022 general elections, reports emerged of candidates distributing unga (maize flour) and money in informal settlements—a practice known as “vote-buying.” These tactics appeal to citizens who face daily struggles and cannot afford to think long-term when basic needs are unmet. In addition, poverty fuels ethnic-based politics. Candidates often mobilize communities along tribal lines, knowing that ethnic solidarity can override competence or accountability. This system benefits the political elite but leaves the majority stuck in underdevelopment, as leaders prioritize loyalty over performance. We say how long will Ksh 500 last you (the voter)? A week? That’s Ksh 100 per year of your vote! Let’s wake up and think what we have been doing wrong!

Breaking the Cycle: What Needs to Change

1. Civic Education: Widespread civic education is crucial. Voters need to understand their rights, the responsibilities of elected officials, and the long-term value of issue-based voting. Organizations like Mzalendo and Siasa Place are already doing commendable work in educating young voters.

2. Economic



Empowerment: Empowering citizens economically reduces their susceptibility to political manipulation. When people have stable incomes, they are less likely to trade their votes for short-term gains.

3. Youth Engagement: With over 75% of Kenya’s population under 35, the youth have the power to redefine the political landscape. They must demand transparency, use digital platforms to hold leaders accountable, and support reform-minded candidates.

4. Strengthening Institutions: Independent bodies like the IEBC (Independent Electoral and Boundaries Commission) must be fortified to ensure fair elections and limit the influence of corrupt money in campaigns.

A Hopeful Kenyan Future

Kenya has witnessed pockets of change. In constituencies like Ugunja and Kitui South, voters have re-elected leaders based on performance in education and infrastructure, signaling a shift in mindset. The challenge now is to scale such examples nationwide. Ultimately, breaking the poverty-politics cycle requires a collective shift from survival-based voting to value-based voting. Only then can Kenya realize the leadership it deserves—one driven by integrity, vision, and service to the people! Kenya ni Yetu!

When a politician comes and dishes out money and gifts; take it, but vote for the Right Person at the Ballot! That’s Power to You!

Madafu Newspaper
Editor - editor@madafu.biz

PHOTO STORY

PCAK



It’s a great event that we are not only celebrating promotions of our fellow Criminologists but celebrating Intergrity, perseverance, determination and values. Your promotion means a lot to yourselves, young criminologists and the society at large, it is more than a new title or position—it’s the outcome of your discipline, your critical thinking, and your commitment to the values that underpin your profession, now you have stepped into leadership, into mentorship, and into higher calling for service. And as you rise, I challenge you to lift others with you. Because the mark of a true professional is not just personal success, but the legacy we leave in others. Congratulations once again—and thank you for being an inspiration to us all. Kudos to Founding Chair of PCAK Mr. Munene Mugambi and Team.



Humans



By Mr. Rishi Arun Parikh

The Toba catastrophe theory suggests that modern human evolution was profoundly impacted by a massive volcanic eruption. Over the past three to five million years, after the divergence of humans from other ape lineages, various human species emerged. However, around 70,000 to 75,000 years ago, the

Toba caldera in Indonesia experienced a category 8 or “mega-colossal” eruption on the Volcanic Explosivity Index. This event drastically altered Earth’s climate, reducing global temperatures by 3 to 3.5 degrees Celsius for several years and potentially triggering an ice age. The extreme environmental changes caused severe population bottlenecks—sharp declines in species populations due to catastrophic events such as natural disasters, famine, disease, or drought. These bottlenecks accelerated the genetic differentiation of isolated human groups. As a result, all other human species eventually went extinct, leaving only the lineage that evolved into modern humans. **Madafu Newspaper**
Editor - editor@madafu.biz

PCAK DINNER

PCAK DINNER



NAIROBI , SATURDAY APRIL, 5TH , 2025

Honouring Excellence

A LEGACY OF EXCELLENCE, LEADERSHIP AND JUSTICE

In a vibrant and heartfelt ceremony at a Nairobi hotel, PCAK members gathered to celebrate the well-earned promotions of four distinguished officers: Mr. Nicholas Makokha (DCG National Youth Service), Mr. Lazarus Opicho (S/AIG, Commandant SGB & VIP Protection Unit), Ms. Brighet Kanyai (AIG, DCI Kenya Airports), and Dr. David K. Muthondeki (CP, National Leadership Academy). Also recognized was Chief Inspector Isaac Muhia, who made history as the first African to earn a Gold Medal for MA Journalism and Mass Communication from Central University, Punjab India.

The event, graced by Lt. Gen (Rtd) Njuki Mwaniki, MGH, CBS, NYS Council Chairman, as the keynote speaker, was attended by PSAK members, family, colleagues, and friends. The ceremony celebrated not only career milestones but also the importance of dedication and professionalism in public service.



Lt. Gen Mwaniki congratulated the officers, emphasizing that promotions bring greater responsibility: "With higher ranks come higher expectations. Lead with courage, fairness, and justice," he said.

PCAK's founding chairman, Mr. Munene Mugambi, also offered his congratulations, expressing pride in their hard work and perseverance. "Your promotions reflect teamwork, integrity, and dedication. We believe in your continued success," he stated.

The event featured speeches from notable figures in criminology and security, including Commissioner Kenwilliams Nyakomitah of IPOA and Dr. Aruna Varsan, CEO of Together for Better Foundation. The evening culminated in a joyous cake-cutting ceremony, symbolizing the achievements of the newly promoted officers.

Finally, the celebration was considered as not only a milestone in their careers but also a powerful reminder of the vital role Criminologists play in nation-building through security and justice. As these officers step into their new roles, the PCAK community remains confident in their ability to uphold justice with integrity




Group photo off all participants present




PHOTO STORY

Sadik Masjid



The above photos are of Sadik Masjid Mombasa after Eid Namaz of 31st March. Photo by Mr. Elder Jamil Sumra.

SOWETO CHAMPIONS DAYCARE SCHOOL CLOSING DAY 03-04-2025! Juice and Cake Treat Galore courtesy of Mombasa Cement & Sahajanand Mtwapa and Mzuri Sweets Ltd - King Cakes. God Bless! Thanks to Karani Joel Yaris Institute - Mombasa Sahajanand School Mombasa



Free Limb camp



Lord Mahavir Swami Followers Narayan Sewa Sansthan and Giants Group Twiga held o Free Limbs fitting Camp on 23/3/25 at SSD Temple Hall in Nairobi . 190 Amputees came from all parts of Kenya and as far as Wajir, Marsabit , Bungoma , Kitale, Makuni, Nyeri, Nyahururu who had been measured in November 2024 were fitted with prothesis Legs and Arms free of charge by these three institutions . this was the forth Camp b Lord Mahavir Swami Followers and Giants Group Twiga who with the partnership of Narayan Sewa Sanstha , have impacted by providing life changing Limbs . The project is an ongoing one as there are many Persons waiting to be fitted . WE are grateful to Ministry of Health and Orthopedic Technologists Kenya and University Students Hindu Association (USHA)For partnering with us in this Nobel project .

PHOTO STORY

Tharaka



Snakes and ladders



The 13th Century CE, Indian poet and saint Gyandev created a children's game called Moksha Patam. The British later named it as Snakes and Ladders instead of retaining the original Moksha Patam. Originally, the game was used as a part of moral instruction to children. The squares in which ladders start were each supposed to stand for a virtue, and those housing the head of a snake were supposed to stand for an evil. The snakes outnumbered the ladders in the original Hindu game. The game was transported to England by the colonial rulers in the latter part of the 19th Century CE, with some modifications. In the original one, a 'hundred squares game board', the 12th square was faith, the 51st square was reliability, the 57th square was

generosity, the 76th square was knowledge, and the 78th square was asceticism. These were the squares where the ladders were found and one could move ahead faster. The 41st square was for disobedience, the 44th square for arrogance, the 49th square for vulgarity, the 52nd square for theft, the 58th square for lying, the 62nd square for drunkenness, the 69th square for debt, the 84th square for anger, the 92nd square for greed, the 95th square for pride, the 73rd square for murder and the 99th square for lust. These were the squares where the snake waited with their mouth open. The 100th square represented Nirvana or Moksha.The tops of each ladder depicted a God, or one of the various heavens (Kailash, Vaikunth , Brahmlok) and so on. As the game progressed various actions were supposed

to take you up and down the board as in life..The game had been interpreted and used as a tool for teaching the effects of good deeds versus bad ones. The game was popular in ancient India. It was also associated with traditional Sanatan philosophy contrasting karma and kama, or destiny and desire. It emphasized destiny, as opposed to games such as pachisi, which focused on life as a mixture of skill and luck. The underlying ideals of the game inspired a version introduced in Victorian England in 1892. The modified game was named Snakes and Ladders and stripped of its moral and religious aspects and the number of ladders and snakes were equalized. In 1943, the game was introduced in the US under the name Chutes and Ladders.

Chandarana

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Easter Sale

Egg-citing Deals Await!!!

Hop into the best deals this Easter season! It's time to embark on an adventure filled with thrilling new arrivals and sizzling offers that will make your heart race. From top-notch electronics to delightful household items, scrumptious food, and exciting toys, there's something for everyone! Sportswear lovers can also rejoice with amazing discounts on their favorite gear. Don't forget to explore our curated gift hampers—perfect for surprising loved ones or treating yourself. And if you're in the mood to splurge, shopping vouchers are available at all branches, making it even easier to snag those egg-cellent deals. This isn't just a sale; it's an egg-stravaganza that you won't want to miss! So gather your family, grab your baskets, and get ready for a shopping spree that will fill your heart with joy and your home with fabulous finds. What are you waiting for? Blessed Easter and Happy shopping!



MARCH 2025

Unbeaten India Wins Champion Of Champions ICC Trophy 2025



Congratulations to India for winning the ICC Trophy 2025 under the captainship of Rohit Sharma. Billions of people watched the nail-biting world cricket finals at the Dubai International Cricket Stadium, between India and New Zealand. Both the teams won the hearts of billion people around the world for their wonderful cricketing journey into the packed Finals which was brilliantly organised by the International Cricket Council (ICC), Pakistan Cricket Board and UAE Cricketing authorities.. Well done to the Indian Cricket Team, all the team players, backed by their management team deserve kudos for their remarkable and outstanding performance. All those who made the ICC Champions Trophy 2025 a unique success deserve special appreciations and thanks. It reminds us of our unsung Kenya Cricketing heroes who defeated The World Cup Champions West Indies in the World Cup Cricket Cup at Pune, India, on 28th February, 1996 and by reaching the World Cup Semi Finals in 2003.. In my opinion, the noble game of cricket was the winner. Subhash Modi Former International Cricket Umpire.

Verstappen fend off Norris to win in Japan



Red Bull's Max Verstappen fended off a race-long challenge from the McLaren's Lando Norris and Oscar Piastri to win the Japanese Grand Prix.

The Dutchman's fourth consecutive victory at Suzuka was his first of the year and moves him to within one point of Norris at the head of the drivers' championship.

Verstappen's drive was cool under intense pressure, with rarely more than two seconds between him and Norris, and founded on a quite brilliant pole position lap on Saturday.

McLaren had feared that the Red Bull would be difficult to pass if Verstappen held the lead at the start, and so it proved.

Rain overnight and on the morning of the race helped ensure there was no repeat of the grass fires that affected practice and qualifying on Friday and Saturday. Verstappen led the two McLaren's for the entire first stint, the three lapping closely together.

There were questions as to why McLaren pitted Piastri first, when it might have made sense to attack Verstappen with Norris making an earlier pit stop, potentially giving the Briton the opportunity to get ahead.

McLaren had already radioed Norris for a 'dummy' stop two laps earlier and Norris was within 1.5 seconds of Verstappen - theoretically just about within range of an undercut - on the lap Piastri stopped. McLaren said they had to pit Piastri because he was at risk of being undercut by Mercedes' George Russell, who stopped on lap 19 and was quick on his hard tyres.

Verstappen and Norris stopped on the same lap, one later than Piastri, and there was

an immediate flashpoint.

As Verstappen and Norris pitted, they were separated by just 1.5 seconds. McLaren's stop was faster by a second, and as they left the pits the McLaren was halfway alongside the Red Bull. But Verstappen held his line, and Norris ran out of track, taking to the grass. Norris complained about Verstappen's driving, saying he had been pushed off, while Verstappen countered by saying his rival had driven off by himself. The stewards agreed with the four-time world champion.

After the race, Norris said: "He had the position and he had the right to do what he did, so fair play."

From then on, Norris and Piastri tracked Verstappen for the final 32 laps, with just over two seconds separating them most of the time.

But Norris could not get within a second of Verstappen, and in fact it was Piastri who looked to have the best pace, sometimes closing to within 0.5secs of his team-mate.

Piastri suggested to the team that he felt he had the pace to beat Verstappen - a thinly veiled request to be let past. But McLaren did not interfere in their battle and the first three drivers crossed the line in the order they had held all race, separated by just 2.2 seconds.

Piastri moves into third place in the championship ahead of Russell, and is 13 points behind his team-mate.

Verstappen said: "It was tough, just pushing very hard on the last set. The two McLaren's were pushing me very hard. "I'm incredibly happy. It started off quite tough this weekend but we didn't give up, we carried on improving the car and today it was in its best form. Starting on pole was very important."



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WEEKLY LIVE MUSIC

Tuesdays
Safari Inn Shanzu Serena Rd
Maranda & Band

Wednesdays
New Cheers Bamburi
Quavers Band Live

Moonshine Beach Bar Nyali
Ladies Night with Jambo Africa Band

Sky Lounge Bamburi
Julio Diatos with Big Band

Thursdays
Kusini Tavern Kilifi
The Muziki Band

Safari Inn Shanzu Serena Rd
Jambo Africa Band

Thursdays
New Cheers Bamburi
Live Band

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WEEKLY LIVE MUSIC

Fridays
New Cheers Bamburi
Live Band

Englishpoint Marina
Solitaire The Band

Saturdays
Mombasa Railways Garden Buxton
Fresh Rhumba with Elengi Musica | Mack Solo

Apollo Club Changamwe
MTU7 Saba & Sevens Afrobeat Band

New Cheers Bamburi
Live Band

Leisure Village Hotel Mombasa
Mugithi Live with Kanny K

Sundays
New Cheers Bamburi
Live Band

WEEKLY LIVE MUSIC

Sundays
Kusini Tavern
The Muziki Band

Tapas Gold Nyali
Mombasa Roots Band

The New Big Tree Bamburi Beach
La Festa Sunday with Mombasa Roots Band | Ronyle | Chapatizo | Prince Amar

Soul Breeze Beach Resort Diani
Tashingas The Band

Moonshine Beach Bar Nyali
Generation Band | DJ Redds | DJ Niqboi | DJ Frankie | Ego The Entertainer

CIRCUS

25 & 26 | 04
Swahilipot Hub Mombasa
Race Of The Savannah Tour Mombasa

SHOWCASE LIVE ACTS

Saturday 12 | 04
Golden Biss Lounge Diani
Darwins Birthday Party with Black Yoghurt | DJ Dallax Ke

Tuesday 15 | 04
Moonshine Beach Bar Nyali
Xtended Idd Rave with Deshal Live | Frankee Walker | DJ Redds

Thursday 17 | 04
Alliance FrançaiseNyali
Burdani Experience with Kelechi Africana

18 to 21 | 04
Safari Beach Hotel Diani
Sun, Sand, Salsa Easter Beach Festival 2025

18 to 21 | 04
Lost Beach Club Malindi
Muze open Air On The Beach

SHOWCASE LIVE ACTS

Saturday 19 | 04
Cocoa Boutique Hotel Nyali
Easter Coast Festival with Guest Artist Char4Prezzy

Sunday 20 | 04
Moonshine Beach Bar Nyali
Super Soul am with Dj Frankie Walker| DJ Hash | DJ Redds | Generation Band

ART EVENTS / EXHIBS

27 | 02 to 28 | 05
Peponi Hotel Lamu
Coastal Reflections by Lara Ray

THEATRE

27 | 02 to 26 | 03
Mackinnon Market Mombasa
Mombasa Diaries Photography Exhibition

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SHOWCASE / LIVE ACTS

Saturday 12 |04
Four Points By Sheraton
Champagne And Waves Party

Samaki Samaki Seafood & Jazz
Old Skool RnBs & Cocktails Hang Out!

Diamond Plaza I
Amapiano Riddim with Pcee Justin99 | Ggoldie Ego Slimflow | Pilato

Thursday 17 | 04
The Carnivore Simba Saloon
L-Boogie 10th Edition

Friday 18 | 04
Masshouse Ngong Racecourse
Jokanam | Elisha Toto | Tony Nyadundo | Onyi Papa Jay

Imaara Shopping Mall
Coast Night with Joseph Ngala & Bango Sound | Freshley Mwamburi | Juma Tutu | Kwetu Brass Band

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SHOWCASE / LIVE ACTS

Saturday 19 | 04
Adlife Plaza
Deep Narratives with Foozak | Ghedi | Scalarbane | Jaydee | DJ Paps | Boltannical | Dreamer Donna

Sunday 20 | 04
Pefa Church South B
Uzima Live Concert

Tu-Work Lavington
Symphony Of Love

Wednesday 23 | 04
Ankole Grill Kilimani Branch
Live Acoustic Wednesday with Them Mushrooms

Saturday 26 | 04
The Carnivore Simba Saloon
Tropical Koningsdag Orange

Sunday 27 | 04
The Orchid Ngong Rd
Yetu Reggae Festival

SHOWCASE / LIVE ACTS

Wednesday 30 | 04
Koda Press
Da Capo

COMEDY

Saturday 12 | 04
Braeburn Theatre Gitanga Road
Because You Said So Easter Edition

FESTIVAL

Saturday 12 | 04
254 Beer District
Vuyanzi Vibes Luhya Festival

FAIRS & EXPOS

24 & 25 | 04
The Sarit Expo Centre
TEMS Africa ICT Exhibition and Conference: Powering Africa's Growth And Transformations

BODY ART

Tuesday 29 | 04
The Sarit Expo Centre
Nairobi Startup Summit: 3rd Edition

THEATRE

11 to 13 | 04
Kenya National Theatre Ukumbi Mdogo
Against The Tide

Saturday 12 | 04
Mageuzi Hub Argwings Kodhek Road
Sauti Zetu - A Hip-Hop Theatre Experience

18 & 19 | 04
Professional Centre Ngong Road
I Is Constant By Omondi O.J

BODY ART

Saturday 19 | 04
Provisins Kenya
Nairobi Sketch Tour Henna

ART EVENTS / EXHIBS

09 | 03 to 20 | 04
Redhill Gallery
Beasts & Petals - Exhib by Mwass Githiji Kenya

25 | 03 to 30 | 04
Nairobi National Museum Creativity Gallery
Shades Of Hope - Art Exhibition by Solomon Muchemi

BODY ART

Saturday 19 | 04
Provisins Kenya
Nairobi Sketch Tour Henna

TREASURE HUNT

Saturday 12 | 04
Nairobi Club Ngong Rd
Treasure Hunt Eco Sayari

THE AMATEUR

SINNERS

DROP

WARFARE

FORTHCOMING ATTRACTIONS

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Ganshyam Fruits, Before Shell Junction